Culturally-Competent Approaches to Mental Health Care: Exploring the Mental Health of Australian Muslims
Wednesday 21st & 22nd of October 2015
1.5 day conference
Landsdown Room, Bankstown Library and Knowledge Centre
Title: Culturally-Competent Approaches to Mental Health Care: Exploring the Mental Health of Australian Muslims

This 1.5 day conference is a partnership between Mission of Hope and NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors

The general theme of the conference explores the mental health concerns of Muslims living in Australia. The immediate objective of the conference is to provide a national forum for clinicians and mental health professionals to engage in meaningful dialogue regarding the issues of mental health as they apply to the diverse Australian Muslim communities.

Clients of Muslim faith and diverse cultures are increasingly accessing mental health services, and they often present with varied explanatory models of mental health, coping, and treatments. Mainstream therapy models against those that aim to capture a holistic therapeutic intervention and clinical approaches will be explored. A critical approach exploring differing models to better serve clients identifying from the Muslim faith will be addressed.

Post September 11 and the socio-political climate have added to the challenges associated with the mental health of Muslims living in Australia, whilst also resulting in stigma and discrimination against Muslims.

The related mental health topics to be addressed at the conference will be specifically targeting Muslim populations, but not limited to these areas: women, men, youth, and children; clinical applications, therapy, & counseling; refugees & asylum seekers; criminal justice issues; Islamophobia & mental health; psychological health and wellbeing; sexual health; applied therapy models for clinical practice.

About Mission of Hope

Mission of Hope (MoH) is a not-for-profit, community organisation with a focus on health and community development. MoH's aim is to create a health and community development service that caters to the unique culturally sensitive needs of the Australian Muslim population.

About STARTTS

STARTTS is the NSW Service for the Treatment and Rehabilitation of Torture and Trauma Survivors. We provide services to assist people from refugee and refugee-like backgrounds who have experienced torture or other traumatic events before arriving in Australia.
1 day program – Wednesday 21st October 9am-5pm

The presenters have been invited to present material on theoretical, empirical, clinical, therapeutic, and applied relevance to the diverse Australian Muslim communities.

Shehzi Yusaf - Clinical Psychologist
Title: Role of Spirituality and Religion in Enhancing Psychological and Physical Health Benefits.

Afshan Jolan - Clinical and Educational & Developmental Psychologist
Title: Issues and Challenges of the Mental Health of Children in Muslim Families

Wajma Ebrahim - Clinical Psychologist
Title: Identity and Self-Concept Formation amongst Muslim Female Adolescents.

Monique Toohey - Psychologist
Title: Cross-Cultural Counselling Approaches with Women who have Experienced Domestic Violence.

Carawan Ghanem - Psychologist
Topic: Suicide and Self-Harm amongst Muslim Youth: Issues and Challenges

Nooria Mehraby - Clinician Trainer (STARTTS)
Title: Salient Isolation: Anguish Experienced by Muslims who are Bereaved by Suicide

Hannah Jamaleddine - Child and Adolescent Counsellor (STARTTS)
Title: A Mother’s Prayer (Dua): A Coping Strategy for Muslim Unaccompanied Minors

Mohamed Dukuly - Families in Cultural Transition Project Officer (STARTTS)
Title: Working Effectively with Refugee Muslim Communities: A Social Capital Development Approach

Dr Yaser Al Nawashi - Occupational Therapist & Mental Health Clinician
Topic title: Trauma and Recovery amongst Muslim Refugees

Ola El-Hassan - Social Worker
Title: ‘Coming Home’ – Supporting Families Adjusting to a Family Member Coming Home After Serving Time in Jail

Rashid Flewellen - Senior Social Worker and Drugs & Alcohol Counsellor
Title: Drug and Alcohol Addictions: Treatment and Challenges

Half-day workshop program – Thursday 22nd of October 9am-12.30pm

Hanan Dover - Clinical and Forensic Psychologist
Topic: Working with Muslim Clients - Australian Muslims' Emotional and Behavioural Responses to Islamophobia.
**Important Dates**

Registration Deadline  
15th October 2015

Registration Cancellation Deadline  
15th September 2015

**Registration Form Fax to: 02 97937925**

Name:  

Position:  

Organisation:  

Address:  

Phone:  

Fax:  

Email:  

**Tax Invoice**

ABN 82 401 566 117

Payments Options:

Direct Deposit:  

Mission of Hope PTY LTD  
BSB: 06 2191  
Acc: 1030 0318  
Reference: Please add your surname + initial e.g. AdamsJ

Cheque Payable to:  

Mission of Hope  
PO BOX 7310  
Mount Lewis, 2190

Online registration  
missionofhope.org.au

Fax registrations to:  
(02) 9793 7925  
email:info@missionofhope.org.au

**Fees:**

$175 + GST  
$125 + GST (NGO rate)  
$75+GST (Full-Time Student rate - Student ID copy to be emailed to info@missionofhope.org.au with application)